Camp Quest Texas

Packing list

PLEASE MAKE SURE TO LABEL ALL ITEMS WITH YOUR CAMPER'S NAME

Equipment

	TWO water bottles WITH handle/hook and/or Camelback (to be carried with camper all day) Small backpack or slingback (this is a MUST for the camper to carry belongings to/from activities) Flashlight Extra Batteries Permanent Marker(s) to sign camp shirts Hat with a wide brim Sunglasses Cooling Towel (ie. Frogg Togg)	
Optional:		
_	Camera Swimming goggles	
	Small battery powered fan	
Bedding Bedding		
_	Twin fitted sheet Twin flat sheet Blanket or sleeping bag (Do not send a sleeping bag rated for winter/below 30 Degrees) Pillow w/ pillowcase	
Clothin	g	
	9 Shirts/tank tops 9 shorts	
	10 underwear *extras often needed	
	10 socks *extras often needed	
	2 pair of jeans/long pants (required for some activities, including	
_	horseback riding) 1 pair of closed-toe shoes (required for some activities)	
	1 Sweatshirt/light jacket	
	1 Long sleeve shirt	
	2 Pajamas or other sleepwear	
	Rain Gear (poncho and/or light raincoat) 1-2 Swimsuits (campers wear this under clothes some days, no string bikinis)	
	Sturdy Mesh dirty clothes bag that will accommodate all of the camper's dirty clothes	
	Outfit for the Dance: Some campers cosplay or wear costumes, some go formal, some go as-is,	
	they have autonomy and all are accepted wearing what makes them feel great.	
	Outfits/supplies for Talent Show if they choose to perform	

Personal Hygiene
☐ Bathroom Tote (That is waterproof and ventilated and adequately holds their needed supplies.
Campers bring in and OUT all their bathroom supplies. Totes designed for Dorm environment
are ideal) Toothbrush with holder
☐ Toothpaste
Soap (if bar soap have container for it)
☐ Shampoo ☐ Conditioner
Hair products *heavily perfumed may attract more bugs
☐ Hair ties/headbands
Brush and/or comb
Washcloth and/or Loofah
☐ Deodorant
Optional:
☐ Lip Balm with SPF Protection ☐ Make-up
Wet Wipes ** Let camper know we do NOT flush these
☐ Tampon/pads
Lotion or After Sun Lotion
Feet
Flip Flops or Shower shoes for shower
☐ Tennis shoes/closed toe shoes ** This is a requirement for some activities
☐ No flip flops around camp, we prefer sturdy sandals with a heel strap (like Teva, chaco, or Keen)
Extra
☐ Sunscreen ** At LEAST two bottles. Be aware spray sunscreen runs out significantly faster than
the lotion so send more if that is a sunscreen of choice.
☐ Insect Repellent (two bottles - spray is better than cream, make sure it contains DEET or
another EPA-registered repellent)
2-3 Towels - At least one for Swimming and one for Shower (2 if they use one for
their hair) Journal and pen
Games to share in Cabin
Books and/or magazines to read
*Do not send overly bulky, ornate, or expensive books or games. This is camp and ALL items sen will return as though they went camping too.
Optional:
☐ Some campers enjoy decorating their cabin/bed area - please be judicious in types of decoration
nothing obscene/scary/or likely to leave marks on camp property

Camper Mail:

Parents, we will have boxes out at check-in where you can leave daily mail for your camper. Label with the Camper's name, cabin, and day to deliver. NO Food, PLEASE. We will not have regular postal delivery or pickup. Email or call camp leadership if you have to get a vital message to us or your camper.

Other

Cleanest Cabin award is kind of a big deal:)

Please be mindful of what luggage your camper chooses. If everything can be stored under the bed, it goes a long way in making the cabin look better. They will be sharing half of that under-bed space with a camper in the other bunk. Large bulky chests do not fit under the beds and pose tripping hazards.

Organization:

If you have a first-time camper or one that is less organized, help them out ahead of time. Organize outfits into ziplock bags and label them. Have them be involved in packing. Many a camper has sworn they were out of socks only to find their socks in a hidden pocket of the suitcase on the last morning. Some campers arrive and unpack every last thing just to see what was packed for them. Remind younger campers to save their special outfits for the occasions they were packed for.

Hygiene:

If you have a younger and/or new camper, begin practicing the daily activities of camp: Can they do ALL of their morning routine: shower, dress, fix hair (including detangling long hair), brush teeth in a reasonable time without constant prodding? Do they know how to hang their wet towel to dry and not put it on their bed? Can they apply most of their sunscreen, especially on their face? Can your camper sweep and use a dustpan and generally pick up after themselves? Can they make their bed? These responsibilities await them at Camp Quest:) Give them a heads up.

A word about water bottles:

Think about your camper's abilities and needs when it comes to water bottles, they need to be able to fill it themselves and, most importantly, actually drink from it ALL DAY. Can they manage to open and close it properly? Is it sturdy? Can they carry it on their body the majority of the time? Both too big and too small are not good for them; they have numerous opportunities to refill bottles. If you choose to use a Camelbak/backpack water system, can they manage to use it, fill it, clean it, and troubleshoot leaks? Cabins have a small fridge and they fill water bottles and put one in the fridge and take one with them so they switch out for the cold one whenever back in the cabin or they can fill it in the dining hall. Please do not send "misting" water bottles.

LABEL EVERYTHING. Yes, EVERYTHING.

Please, NO.

NO PHONES. Absolutely no cellphones at camp - (or iPads/tablets/laptops, etc.) If it connects to the internet/cell towers: NO. It will be confiscated and parents will be responsible for picking it up at the end of camp. Parents please support us in this and be the first checkpoint before arrival to their cabin. Please. NO FOOD or CANDY

NO WATER BOTTLES WITH 'MISTING' FEATURE

NO JEWELRY/VALUABLES

NO PETS

NO MATERIALS INAPPROPRIATE FOR CAMPERS OF ANY AGE

NO MEDICATIONS (even OTC) packed with CAMPER - all go to Medical staff as directed. *NO DRUGS/ALCOHOL/TOBACCO/VAPE PRODUCTS

*NO WEAPONS, FIREARMS, or KNIVES

*NO FIREWORKS

*Drugs, alcohol, cigarettes, weapons, and physical altercations are conditions for immediate dismissal from camp.